

## HOW TO ORDER

There are three ways you can buy food and drinks from the Café:

1. **Order on flexischools.com.au.** This is the **PREFERRED** option for ordering. The website is FREE to register and easy to use. This method also takes the worry out of whether your child has lost the money in the bag or handed in the paper bag order. The Café Menu is regularly updated on Flexischools. "Specials" are only advertised and available to Flexischool customers.
2. Paper Bag. Complete a separate lunch order bag for each break at home (one per student). Café bags are available for the cost of 10c each. Suggested size: 235mm x 265mm brown paper bag. Please do not staple, tape, glue or use blu-tac to secure the bags. Simply fold in half and then in quarters. Using black or blue pen, write your child's name and class clearly on the top of the bag, label the bag "BREAK 1" or "BREAK 2", list the items. Bag orders must be placed in baskets provided in the classroom before 8.45am. Orders will be delivered to the Café via the Class Monitors
3. Counter Sales  
BREAK 1 – 10.45 am to 11:20am  
BREAK 2 – 1:00pm to 1:35pm

## EXTRA INFORMATION

- Cold perishable items (i.e. ice blocks): Café bags will be stamped with a large green frog to identify that items are to be collected from the Café by your child/ren at break time.
- Missing items: Please advise the Café straight away should any items be missing.
- Change under \$5.00 will be returned in the Café bag. For change over \$5.00 the Café bag will be marked "SEE CAFÉ FOR CHANGE" and money will be kept for collection by your child/ren. Correct money placed in the lunch bag would be much appreciated to avoid loss of change.
- Hot food items are available for "BREAK 1" only
- All students must pick up their SECOND BREAK Orders from the Café.
- Substitution: If a student's food selection is unavailable, the child will be contacted to enable them to make a suitable substitution.
- Late orders: Some food items cannot be guaranteed if orders are received at the Café after 8.45am. Dependent on volunteer numbers, children may be asked to substitute with a sandwich or hot dog.
- Note: Availability of counter sales is subject to volunteer numbers. Priority will be given to orders placed using Flexischools Online Ordering.

Thank you to our valuable Café volunteers. If you can spare 2-3 hours a week or fortnight, it would be greatly appreciated. Come and meet some new people, learn some handy new skills, and find out what happens on your children's school day. I look forward to meeting you.

Volunteer Roster Times: 8:30am to 11:20am and 1:00pm to 2:00pm

Heather Palfrey  
Café Convenor



# Café Menu & Price List

as at February  
2020

**OPEN**  
**8:30am to 1:35pm**  
**Monday to Friday**



**Visit flexischools.com.au to place orders (preferred) or follow the instructions on the back for manual orders.**

Proudly supporting the Queensland Government's "Smart Choices - Healthy Food and Drink Supply Strategy for Queensland Schools".

Orders are to be placed before 8.45 AM.

All prices are effective until further notice.

**Café Phone No: 3491 1113**

SANDWICHES, WRAPS & ROLLS wholemeal by request when ordering	Price
Chicken ☺	\$3.30
Salad (lettuce, tomato, carrot, cucumber) ☺	\$2.60
Ham – 97% Fat Free ☺	\$3.30
Egg and Lettuce ☺	\$3.30
Egg ☺	\$2.80
Cheese ☺	\$2.80
Vegemite	\$2.20
Honey	\$2.20
Add a roll or gluten free bread	\$0.60
Wrap – Crispy chicken (lettuce, tomato, carrot, cucumber)	\$6.00
Wrap - Chicken or ham (lettuce, tomato, carrot, cucumber) ☺	\$5.70
Wrap – Sweet chilli crispy chicken (lettuce, tomato, carrot, cucumber) ☺	\$6.00
Salad Wrap (lettuce, tomato, cucumber and carrot) ☺	\$5.30
ADDITIONS TO SANDWICHES & ROLLS	
Salad (lettuce, tomato, carrot, cucumber)	\$1.50
Carrot/beetroot/cucumber	\$0.30
Cheese	\$0.60
Egg	\$0.60
Pineapple/lettuce/tomato	\$0.50
Sauce (tomato, BBQ, mayo, sweet chilli)	\$0.30
Toasting (available 1st and 2nd Break)	\$0.30
SALAD CONTAINERS	
Sushi Bowl (rice, seaweed, tomato, carrot, cucumber, Avo-50c) plus Crispy Chicken \$1.00	\$3.80
Small Plain Salad Container (lettuce, cheese, tomato, carrot, cucumber)	\$4.00
Plain Salad Container (lettuce, cheese, tomato, egg, cucumber, beetroot, carrot) G/F ☺	\$6.00
Salad container plus Tuna ☺	\$7.00
Salad container plus sweet chilli crispy chicken/crispy chicken ☺	\$7.00
Salad container plus chicken/Ham G/F ☺	\$7.00
HOT FOOD (Please note all sauces to be ordered as extra 30 cents each)	
Chicken Burger (meat, lettuce, tomato) ☺	\$4.30
Chicken Wedges x 3	\$2.70
Chicken and Gravy Roll	\$4.00
Hot Dog (without sauce) 90% Fat Free	\$3.50
Hot Dog with sauce (tomato or BBQ) 90% Fat Free	\$3.80
Mini Hot Dogs (3) G/F	\$2.70
Add cheese to Hot Dog	\$0.60
Butter Chicken and Rice	\$4.60
Sausage Roll	\$3.60
Garlic Bread	\$1.70
Lasagne (made on site) ☺	\$4.60
Meatball Sub (Bolognese sauce made on site) ☺	\$4.30

DRINKS	Price
Plain Water 600 mL ☺	\$1.60
Plain Water 1 L ☺	\$2.60
Plain Milk 250ml (served in a sipper cup) ☺	\$1.60
Fresh Milk Chocolate/Strawberry 300 ml ☺	\$2.60
GC Poppers 250 mL (Apple, Tropical, Apple/Blackcurrant,) ☺	\$1.60
Quench Mineral Water 350 mL (Apple/Raspberry, Lemonade, Lemon/Lime & Blue)	\$2.60
Slush Puppies (Strawberry, Raspberry, Watermelon, Grape and Sour Apple)	\$2.00
Hot Chocolate – Term 2/3 only	\$2.00
SNACKS	
Fresh Fruit (1 piece seasonal eg.; Apple, Orange) ☺	\$1.20
Fruit salad container 280 g ☺	\$3.30
Cookies – Chocolate chip (made on site)	\$1.50
Pikelet x 2– plain, jam or butter	\$1.00
Red Rock Chips (Honey Soy)	\$1.30
Banana Beard	\$1.70
Smith's Crinkle Cut - Original	\$1.30
Chocolate Mousse	\$1.50
Boiled Egg G/F ☺	\$1.00
Crackers and Cheese ☺	\$1.40
Chocolate Chip Muffin (made on site)	\$1.50
Gingerbread Kid	\$2.00
Jumpys (Salt and Vinegar & Chicken)	\$1.00
Lite Vanilla Custard in tub – 97% Fat Free G/F ☺	\$1.20
ICEBLOCKS	
Frozen Lite Yoghurt on a Stick ☺	\$0.50
Juice Stick (99% fruit juice) ☺	\$0.50
Icy Twist	\$1.50
Ice Mony Freeze Pop (Sour Red Berry, Sour Grape, Blue, Chocolate, Sour Red)	\$1.00
Calippo	\$1.00
Rainbow Paddle Pop	\$1.80
Shakey Shake	\$2.20
EXTRA ITEMS	
Brown lunch ordering bags	\$0.10
Sauce (tomato, BBQ, mayo, sweet chilli)	\$0.30
Plastic forks/spoons	\$0.05



Free to register, quick, easy and convenient. Specials, new items and “Meal Deal Days” will be promoted on this site.